

SUPPLEMENTARY TABLES

Supplementary Table 1. Association of DNAmAge with selected BC-risk factors by BC status*.

A. Among participants with BC development

BC risk factor	Effect size	95% CI	P
Age at enrollment	0.81	(0.61, 1.01)	2.17E-11
Body mass index, kg/m ² § (≥ 18.5 to < 25, normal, vs. ≥ 25 to < 30, overweight)	-1.84	(-6.63, 2.95)	0.445
≥ 30 to < 40, obesity	1.07	(-3.24, 5.38)	0.621
≥ 40, extreme obesity	16.41	(1.65, 31.18)	0.030

B. Among participants without BC development

BC risk factor	Effect size	95% CI	P
Age at enrollment	0.73	(0.67, 0.78)	5.24E-12
Waist-to-hip ratio	7.77	(2.05, 13.49)	0.008
Waist-to-hip ratio** (≤ 0.85 vs. > 0.85)	1.11	(0.19, 2.02)	0.018
Healthy eating index-2015	0.07	(0.03, 0.11)	0.002
Healthy eating index-2015¥ (≤ 65.29 vs. > 65.29)	1.52	(0.63, 2.41)	0.001
Pack-years of smoking (never vs. < 5 years)	-0.40	(-1.89, 1.08)	0.594
5 to < 20 years	-1.61	(-3.06, -0.16)	0.030
20 + years	-1.59	(-2.71, -0.47)	0.006
Exogenous estrogen only (never use vs. < 5 years)	1.89	(0.70, 3.07)	0.002
5 to < 10 years	-1.00	(-3.06, 1.06)	0.342
10 + years	1.73	(-0.02, 3.48)	0.053
Exogenous estrogen plus progestin (never use vs. < 5 years)	-2.94	(-4.82, -1.06)	0.002
5 to < 10 years	-2.32	(-6.02, 1.38)	0.219
10 + years	-3.34	(-7.78, 1.09)	0.140

BC, breast cancer; CI, confidence interval; DNAmAge, DNA methylation–based marker of aging. Numbers in bold face are statistically significant.

* Only factors having *statistically significant* association with DNAmAge are displayed.

§ Among BC patients, no one had body mass index < 18.5.

** Waist-to-hip ratio was categorized using 0.85, where cutoff levels or higher fall within visceral obese range [73].

¥ Healthy eating index-2015 variable is dichotomized by a median (= 65.29).

Supplementary Table 2. Association of AgeAccelDiff with selected BC-risk factors by BC status*.

A. Among participants with BC development

BC risk factor	Effect size	95% CI	P
Body mass index, kg/m ² § (≥ 18.5 to < 25, normal, vs. ≥ 25 to < 30, overweight)	0.15	(-3.05, 3.36)	0.923
≥ 30 to < 40, obesity	0.79	(-2.09, 3.67)	0.585
≥ 40, extreme obesity	21.03	(11.17, 30.90)	7.04E-05

B. Among participants without BC development

BC risk factor	Effect size	95% CI	P
Age at enrollment	-0.27	(-0.33, -0.22)	1.28E-22
Body mass index, kg/m ²	0.14	(0.08, 0.20)	1.28E-05
Body mass index, kg/m ² (≥ 18.5 to < 25, normal, vs. < 18.5, underweight)	-0.51	(-3.84, 2.83)	0.766
≥ 25 to < 30, overweight	0.60	(-0.28, 1.49)	0.181
≥ 30 to < 40, obesity	1.75	(0.86, 2.64)	0.0001
≥ 40, extreme obesity	3.92	(1.92, 5.92)	0.0001
Waist circumference, cm	0.06	(0.03, 0.08)	6.38E-06
Waist circumference, cm** (≤ 88 vs. > 88)	1.09	(0.39, 1.79)	0.002
Waist-to-hip ratio	4.91	(0.41, 9.42)	0.032

AgeAccelDiff, epigenetic age acceleration measured as departure of DNAmAge from chronologic age; BC, breast cancer; CI, confidence interval; DNAmAge, DNA methylation-based marker of aging. Numbers in bold face are statistically significant.

* Only factors having *statistically significant* association with DNAmAge are displayed.

§ Among BC patients, no one had body mass index < 18.5.

** Waist-to-hip ratio was categorized using 0.85, where cutoff levels or higher fall within visceral obese range [73].

Supplementary Table 3. Association of IEAA with selected BC-risk factors by BC status*.

A. Among participants with BC development

BC risk factor	Effect size	95% CI	P
Body mass index, kg/m ² § (≥ 18.5 to < 25, normal, vs. ≥ 25 to < 30, overweight)	0.35	(-2.50, 3.20)	0.808
≥ 30 to < 40, obesity	0.54	(-2.02, 3.10)	0.675
≥ 40, extreme obesity	20.17	(11.39, 28.95)	2.19E-05

B. Among participants without BC development

BC risk factor	Effect size	95% CI	P
Age at enrollment	-0.07	(-0.12, -0.02)	0.011
Body mass index, kg/m ²	0.09	(0.04, 0.15)	0.001
Body mass index, kg/m ² (≥ 18.5 to < 25, normal, vs. < 18.5, underweight)	0.25	(-2.76, 3.26)	0.871
≥ 25 to < 30, overweight	0.51	(-0.29, 1.31)	0.211
≥ 30 to < 40, obesity	1.14	(0.34, 1.95)	0.006
≥ 40, extreme obesity	2.97	(1.16, 4.77)	0.001
Waist circumference, cm	0.04	(0.02, 0.06)	0.0003
Waist circumference, cm** (≤ 88 vs. > 88)	0.78	(0.15, 1.41)	0.015
Waist-to-hip ratio	4.52	(0.48, 8.56)	0.028

BC, breast cancer; CI, confidence interval; DNAmAge, DNA methylation–based marker of aging; IEAA, intrinsic epigenetic age acceleration as residuals by regressing DNAmAge on chronologic age, adjusted for cell composition. Numbers in bold face are statistically significant.

* Only factors having *statistically significant* association with DNAmAge are displayed.

§ Among BC patients, no one had body mass index < 18.5.

** Waist circumference was categorized using 88 cm, where cutoff levels or higher fall within visceral obese range [73].

Supplementary Table 4. Multiple Cox regression for the DNAmAge for BC development in different time segments*.

Within 5 years			
BC subtype	HR†	95% CI	P
Overall	1.25	(1.05, 1.47)	0.010
ER/PR positive	1.42	(1.29, 1.57)	< 0.001
Within 5 to 15 years			
BC subtype	HR†	95% CI	P
Overall	0.94	(0.89, 1.00)	0.040
ER/PR positive	0.95	(0.89, 1.01)	0.094
ER/PR negative	0.83	(0.69, 1.00)	0.044
Her2/neu negative	0.94	(0.88, 1.00)	0.041
Within 15 years			
BC subtype	HR†	95% CI	P
Overall	0.96	(0.92, 1.00)	0.076
ER/PR positive	0.97	(0.92, 1.01)	0.164
ER/PR negative	0.84	(0.75, 0.95)	0.005
Her2/neu negative	0.95	(0.90, 1.00)	0.036

BC, breast cancer; CI, confidence interval; DNAmAge, DNA methylation–based marker of aging; ER/PR, estrogen and progesterone receptor; HER2/neu, human epidermal growth factor receptor 2; HR, hazard ratio. Numbers in bold face are statistically significant.

* Results from the analyses for the total period are not present owing to no statistical significance.

† HR adjusted by body mass index, waist-to-hip ratio, diabetes at enrollment, healthy eating index-2015, alcohol intake (none, past, < 1 drink/month, < 1 drink/week, 1 to < 7 drinks/week, and 7+ drinks/week), pack-years of smoking (never, < 5 years, 5–20 years, and ≥ 20 years), oophorectomy (none, one and/or part taken out, and both taken out), total duration of unopposed estrogen only use (never, < 5 years, 5–10 years, and 10+ years), and total duration of opposed estrogen plus progestin use (never, < 5 years, 5–10 years, and 10+ years).

Supplementary Table 5. GSE51032: validation tests.

DNAmAge			
BC	OR†	95% CI	P
Overall	0.99	(0.97, 1.01)	0.330

AgeAccelDiff			
BC	OR†	95% CI	P
Overall	0.98	(0.95, 1.01)	0.247

IEAA			
BC	OR†	95% CI	P
Overall	1.00	(0.96, 1.04)	0.850

AgeAccelDiff, epigenetic age acceleration measured as departure of DNAmAge from chronologic age; BC, breast cancer; CI, confidence interval; DNAmAge, DNA methylation-based marker of aging; IEAA, intrinsic epigenetic age acceleration as residuals by regressing DNAmAge on chronologic age, adjusted for cell composition; OR, odds ratio.

† ORs obtained from univariate analyses.

Logistic regression for the DNAmAge/AgeAccelDiff/IEAA for BC.